

Physical Education Contract

This is a contract between _____ and Mrs. Broadbent (my PE teacher) for a physical education course. By signing this contract I understand that I am in control of myself and my choices that I will make throughout the year. I understand that my grade is earned, not given to me by my teacher. With good effort and good practice I know that I can gain new skills and improve my fitness. I know that to be successful I must do the following:

1. Arrive on time and prepared in my PE uniform and laced up athletic shoes.
2. Ask permission before leaving the PE area including going to the bathroom.
3. Follow procedures and directions so that I do not cause time to be wasted. I do not want to disrespect myself, my classmates, or teacher in this way.
4. Come to class with a positive attitude and enthusiasm so I do not create a negative environment for those around me.
5. Understand that whining usually results in loss of student choice or extra fitness improvement activities.
6. Understand that in order for me to improve myself, I must challenge myself and do hard work but the results will be worth it. Some of these activities will be part of the checklist of accomplishments.
7. Understand that it is normal to feel uncomfortable when trying new activities. It is my duty to participate in all activities that is how I grow, improve, & earn my grade.
8. Be respectful, supportive, & kind to those around me because it's the right thing to do.
9. Complete my homework assignments and turn them in on time. If I forget what the monthly homework is I know that I can look it up on: mrsbroadbentPE.weebly.com
10. Complete Class journals with thought and care to show that I am truly reflecting on my experience or the questions being asked.
11. Understand that it is my effort and improvement that I will be graded on and not my level of skill.

I understand the above standards contribute to my success in this PE class. I know that it is within my power to be successful I just have to be willing to work hard & follow directions. My efforts will show that I want to end the year being stronger & more skilled than I am now.

Student name: _____ Student signature: _____

Parent name: _____ Parent signature: _____

PE Period: _____